



Family Life Education I Syllabus

Course Details

Course Code: 582000CW

Subject: CTE, Human Services Cluster

Required Prerequisites: None

Suggested Prerequisites: None

Recommended Grade Levels: 9th through 12th

Duration: Semester

Course Availability: A listing of when this course is offered in the current school year can be found on the [VirtualSC Current Course Offerings page](#) (opens in a new window).

Class Times: This course has scheduled instructional meetings. Information on scheduled meetings for each course is communicated by the teacher. Recordings of these meetings will be available for students unable to attend. Students should expect to spend 7-9 hours a week working on this course independently, in addition to any live meetings, and are expected to meet the deadlines posted in the course pacing guide.

Textbook: M. (2008). Families Today. McGraw-Hill/Glencoe.

Required Course Materials: None

Outside Websites: A list of links to websites and online textbooks used in this course can be found here: [VSC Course Links Document Folder \(opens in a new window\)](#). Students will need to be able to access all of these links to access all course materials.

Final Exam: Students in this course take a VirtualSC final exam. Details on scheduling and taking final exams can be found on the [Final Exam Page](#) (opens in a new window) of the VirtualSC webpage.

Course Description

Family Life Education 1 is designed to help students develop an understanding of various aspects of human relationships with emphasis placed on the unique needs and interests of individuals and families. Topics include: physical, mental, emotional, social,

economic, and psychological development. Integration of the Family and Consumer Sciences student organization, Family Careers, and Community Leaders of America (FCCLA), greatly enhances this curriculum.

The curriculum used in this course is guided by the [South Carolina CATE Standards for Family Life Education 1](#) (opens in a new window).

Scope and Sequence

- Orientation & Introduction
- Unit 01: Interpersonal/ Communication Skills
 - Analyze the results of utilizing the decision-making process.
 - Demonstrate communication skills that contribute to positive relationships.
 - Describe functions and expectations of various types of relationships.
 - Analyze the emotional, physical, economic, and legal benefits of marriage.
- Unit 02: Health and Wellness
 - Analyze health and wellness practices.
 - Identify proper nutrition habits and physical activities that promote a healthy lifestyle.
 - Identify factors that affect food safety and sanitation from production to consumption.
 - Explain the impact of HIV/AIDS, STIs, and chronic and acute diseases on families and individuals.
 - Family Development throughout the Life Cycle
- Unit 03: Family Development throughout the Life Cycle
 - Compare family life cycle stages with human development stages.
 - Explain how functions and structures of families change over time.
 - Determine the importance of preparing for a family.
 - Demonstrate respect for diverse perspectives, needs, and characteristics of individuals and family.

Students will be sent a full list of assignments and their due dates at the beginning of the course.

Current pacing guides for this course can be found on the [Current Course Offerings page](#) (opens in a new window) on the VirtualSC website.

Course Grades

The final grade in this course results from the following:

- Coursework: 80%
- Final Project: 10%
- Final Exam: 10%

VirtualSC Details

Information on VirtualSC student guidelines, policies and technology requirements can be found in the [VirtualSC Student Support Portal \(opens in a new window\)](#).